



Centre for  
Pastoral  
Development

ARCHDIOCESE OF CAPE TOWN

7 October 2024

Dear Parish Priests and Parishioners of the Archdiocese of Cape Town

### **Prayer Course for the Year of Prayer**

As part of the preparation for the Jubilee Year in 2025, we have prepared a short Prayer Course consisting of three sessions ideally suited to parish small faith-sharing groups, to take place over a three-week period before the end of the year, ideally before Advent.

Attached with this letter you will find:

- A short document to assist in the formation and running of small faith-sharing groups;
- A Facilitators' Booklet for the three sessions
- A Participants' Booklet for the three sessions

This prayer series answers the call to prepare prayerfully for the Jubilee 2025 and is based on the message "Lord, teach us to pray". The course introduces three different types of prayer and is designed to be run within parishes with minimal training and support. The booklets contain explanations that provide the necessary guidance and help participants and the leaders of your prayer groups to run the sessions.

We hope to expand this series with further prayer methods during the Jubilee Year, one in Lent and another later in the year. So now would be a good time for your PPC portfolio coordinator of Evangelisation to begin the process of forming small faith-sharing groups within your parish and appointing leaders/facilitators of those groups. How to do this is explained very clearly in the document attached. Should you require any further assistance with this, the signatories below would be delighted to help and can be contacted through the Centre for Pastoral Development.

We wish you a deep sense of fulfilment as you deepen your prayer life through these sessions.

Yours in Christ

Father Zane Godwin - Vicar for Pastoral Development

Father Chiedza Chimhanda SJ - Archdiocesan Evangelisation Coordinator

Together with the team who compiled the attached documents:

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